

## VIII. DINGWA

[NOTE: THE WAY THAT THE SEWING OF SANGHA ROBES IS DONE IS NOT NECESSARILY THE SAME AS THE WAY SEWING IS DONE IN THE WEST. THEREFORE, PLEASE READ ALL THE DIRECTIONS CAREFULLY BEFORE BEGINNING TO SEW YOUR FABRIC]

### A. Measurements

Due to the fact that most guide systems for sewing machines are in the inch system, sewing measurements are given in this system. However, for greater accuracy in some measurements, the metric system is used, with the English system conversion as follows:

- 1 Meter = 100 cm = 1000 mm = 39 3/8 inches =
  - OR 1 yard = 36 inches = 36" = 91.5 cm = 915 mm
- 2.54 cm = 25.4 mm = 1 inch = 1"
- 1.27 cm = 12.7 mm = 1/2 inch = 1/2"
- 0.635 cm = 6.35 mm = 1/4 inch = 1/4"
- 0.3175 cm = 3.175 mm = 1/8 inch = 1/8"

### B. Size of Patterns

There is only one size for the Dingwa in common use.

### C. Number of Pieces & Measurements (includes seam allowances)

See Diagram VIII.a.

- 1) **Main Panel**
  - a) Main piece 36" wide x 36" long
  - b) Overhang piece 36" wide x 4 1/2" long.
- 2) **Border: cut 4 pieces 4 1/2" wide x 36" long.**
- 3) **Ears or flaps at the corners: [See Diagram VII.b ~Choegu]**
  - a) Cut two 5" x 5" squares.
  - b) Cut each square diagonally to make two equilateral triangles
  - c) Fold each equilateral triangle at the middle to make a right triangle.

### D. Layout & Cutting Instructions for Patterns

See Diagram VIII.a

### E. Sewing Instructions

- 1) **Main Panel: Sew the Overhang piece to the bottom piece in the following way:**
  - a) Measure 16 1/4" from the top of the Main piece and mark a line across the entire width with tailor's chalk.

- b) Hem the edges of the Main Panel so that the hem faces up, i.e, the RIGHT SIDE has the hem facing up. See **Diagram VIII.b**
  - c) Hem the Overhang Piece on one side with a ¼” hem on one side.
  - d) Place the Overhang Piece WRONG SIDE up on top of the Main Piece so that the raw edge of it aligns with the chalk line AND THE HEMMED SIDE UP. See **Diagram VIII.b**
  - e) Stitch a ¼” seam across the width of the Main Piece, with ¼” at both sides turned up so there will be neat edges when the Overhang is folded down.
  - f) Fold the Overhang Piece down over the Main Piece.
  - g) Top stitch the seam with a ¼” seam along the top and down both sides of the Overhang Piece, leaving the bottom open
- 2) Borders and Ear Flaps: attach the Borders and Ear Flaps in the following way, using Diagram VIII.c to guide you:**
- a) Mark a 4” border line around the edges of the Main Panel.
  - b) Place the right triangular Ear Flaps at the corners as shown in. Baste in place.
  - c) Hem both side of the border pieces so that hem is on the WRONG SIDE of the border pieces.
  - d) Form a frame with the border pieces by sewing a 45 degree diagonal seam connecting the two ends.
  - e) Lay the framed, sewed Border pieces on top of the Main Panel to insure that the border matches the Main Panel. If necessary, adjust to make the outside border edge exactly the same size as the Main Panel.
  - f) Pin and stitch the inside of the border edges completely around.
  - g) Stitch from the corners out only to a distance of 7”, leaving the center part of the outsides of each border free.
- 3) Press.**