

# *A Very Concise Method of Engaging in the Protection-Granting Ritual*

In order to engage in an extremely concise ritual of granting protection, one completes the preliminary practices of refuge and bodhichitta. Then, while sustaining divine pride of any one of the meditational deities, one should utter the following:

Root and lineage masters, the deities and the Three Jewels;  
Heroes, dakas, dakinis, dharmapalas and host of protectors:  
May you protect this object(s) from diseases, spirit harms and obstacles,  
And grant common and sublime siddhis!

Recite the deity's root mantra, essence mantra and near-essence mantra as much as possible. Then sprinkle holy saffron water or rice and blow on the object(s) requiring protection. After that recite:

By the blessings of the Victorious Buddhas and their spiritual children,  
And by the power of the Gurus, Deities and protectors,  
I have protected this being.  
No one should inflict harm on this being!

OM VAJRA RAKSHA RAKSHA

After uttering this, one should engage in the practice of offering auspicious praises while sprinkling flowers.

## *Colophon:*

This text is a very holy and blessed work of Changlung Pandita. It should not be used for the sake of convenience and ease. Rather, it should be used only in certain times and places where devotees insist on receiving a protection-granting ritual, and objections are outweighed by purpose in that given situation and hence there is no choice except to engage in a convenient method of the protection-granting ritual. This text should not be used on an everyday basis. Translated by Tenzin Bhuchung, June 2011.